

The Youth Slate

Powernaps are something that just refresh the body and mind, something that all of us probably enjoy. Sleep is something that we all need, but far too often don't get enough of. We all know we need that physical sleep for our emotional and physical well-being, but Jesus reminds us that we need rest for our souls as well. Jesus says it this way, "Come to me, all you who are weary and burdened, and I will give you rest" (Mt 11:28).



This rest in Jesus gives us many blessings. We can find that rest as we read His word, as we participate in His church (yes you do get something out of church, and at times even give to others by being here), and as we receive His gifts. When I come to Jesus my mind finds rest from guilt found only in His mercy. I find that my fears and worries of the heart are eased in His power and strength. I find my heart refreshed through His unchanging love for me. I find confidence in all situations because God is always with me. In Christ alone I find the rest I need, and I still enjoy those powernaps because of His great love for me.

Pastor Steve



Middle School: As Sunday school comes to an end for the year, prepare for a fun summer study with Rich Emory. Rich will help you understand what it means to be a Lutheran. **This bible study is open to anyone (even adults) who want to know a little more about what it means to be Lutheran!**

High School: High School Youth Group meets on Sundays, 4:30pm, at Starbucks (53rd & Elmore). Our Bible Study is from the Book of Revelation, so join us as we learn more about what God has in store for our futures!



Thrivent Night at the Ball Park: Our Youth event for the month is an assignment for you to enjoy with your family. Gather up your family and go to Thrivent Night at the Ball Park. Tickets are a steal at only \$3 per person. Bring a non-perishable food item and be entered to win a 42 inch HDTV!

ADVENTURELAND: The yearly trip to Adventureland is on **Wednesday, June 23rd**. The cost is **\$20 for admission**. You will want to bring food or money for lunch, sunscreen, sunglasses, and your sunny disposition for this day of adventure and fun! Pastor Steve will not be attending this year, due to VBS—so families are encouraged to make the trip together!

